

Goals

To help us both clarify which issues you want to address during your program, please take a few moments to fill in the following and bring it to your first session. Please write three goals for each time period.

One month

1. _____

2. _____

3. _____

Three months

1. _____

2. _____

3. _____

Six months

1. _____

2. _____

3. _____



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